



Steps in Healing the Pain of Divorce

THE STEPS OF A RIGHTEOUS PERSON ARE ORDERED BY THE LORD

NEW LIFE

FORGIVENESS

WILL

SURRENDER

ACCEPTANCE

RESPONSIBILITY

DIVINE GUIDANCE

Divine Guidance

Divine guidance is the first step
in the process of healing.

Acknowledge the Lord in all your
Ways and He will direct your paths.

Humility is needed.

Pride is the emotion that has
worked against healing

Responsibility

Divorce is an issue where two parties are involved.

The tendency is to accuse the other party.

Once the parties acknowledge their faults, they become responsible for their healing.

Acceptance

Acceptance is a willingness
to step out of self denial and to view
the situation for what it is.

This requires a willingness to look
at the facts without prejudice.

It is a truth; you cannot heal what you can't see

Surrender

To surrender means to give up. You must cease the fight against yourself and the truth.

The emotions bring about a degree of “comfort” and resistance to change is a defense mechanism.

When surrender takes place the fear of not being in control is a strong emotional tie that is broken

Will

The will broadcasts the choices of the heart.

“Free will”, the ability to choose the mate of your choice, is a natural act that led to the divorce.

Divine will is the choice of the heart that leads to healing.

Forgiveness

Forgiveness works hand in hand with surrender, the state of humility.

To forgive is to “not hold against.”

You must however, ask for forgiveness.

This demonstrates a willingness on your part to give up your righteousness for a higher righteousness

New Life

The old natural life that led to divorce is passed away as forgiveness take hold.

The new life is not a crisis, one time event; it is a walk or continuous process where you grow in grace and in the knowledge of God.