

Love Message: The Lord's Alternative Menu

God has called us to a higher level of watchfulness as the ministry has gone higher. During this dispensation of time, the Lord has been teaching us about his healing. "Physician heal thyself" has been one of the greatest gifts the Lord has given his people. All have access to the same level of blessing pertaining to this gift but not all have the same level of faith. Because of the inclusion of God's Spirit, this pertains not only to those living in physical bodies, but it pertains to all of God's creatures. Just as Lot was to Sodom and Gomorrah, Dr. Hunt is to the earth (that was a nugget, did you catch it?) Well, let's revisit the body of Christ being called to higher watchfulness and how his love for us has compelled us to walk in the overcoming power of Christ. There were a few testimonies of those sitting around the table with Dr. Hunt that appeared to be similar. After all had spoken, he encouraged us to know that we must be proven as the overcomers that God has proclaimed us to be. The Lord has done it and it's a matter of us seeing it. We have to have a testimony of overcoming for all to behold.

One of these testimonies of the overcome pertains to The Alternative Menu the Lord has given. Since roughly 1999, the Lord foresaw the need for healthy living and instructed that a manual be compiled for the benefit of the Head and the body. This manual the Lord called The Alternative Menu. For many years, the body disregarded this precious gift the Lord gave but the Head adhered to it faithfully. As a reminder, because he loves us, he considered us all in unbelief to show mercy unto all. Ok, so now that the mercy has been extended, let's behold the correction so we can walk in the overcoming power.

The Lord ministered the reason he had to experience the hospital stay was because we brought suffering to Dr. Hunt when we did not follow The Alternative Meal plan. We are the body of Dr. Hunt, and we must see the connection between Dr. Hunt's physical body and the spiritual body that is known as the Church. Had we stood firm in The Alternative Meal plan (which, simply stated, is about allowing God to show us what to consume and what to avoid), Dr. Hunt's body would not have to bear the suffering it has recently endured.

Since he has been home from the hospital, Dr. Hunt has been instructed of the Cleveland Clinic doctors to eat a diet mindful of the amount of sugar, salt and fat he intakes. For several weeks, the saints have been assisting Dr. & Sister Hunt with meal preparation during both of their recoveries. This time has given Dr. Hunt opportunity to monitor the meals presented him and the preparation method. Some have shied away from seasoning the food believing this was best for him taking the words of the doctors literally and not allowing a flavorful tasting experience. Others have had no or little regard for any of the instruction given pertaining to healthy meal preparation which has may lead to discomfort in Dr. Hunt's body due to the high levels of seasoning. So what is one to do?

Here is what the Lord wants for his people. The commandment of the Lord in preparation of a meal is that it should be prepared in a way that is pleasing unto our King. Well, how is that done? Firstly and most importantly, we must have the right attitude towards what the Lord is saying. This includes an acknowledgement of the error The Lord showed we were in, followed by agreement and return to His Alternative Menu (repentance). Also, we must

be mindful of the amount of sugar, salt and fat consumed by each of us. If not seen before, these are all agents that must be overcome to aid in the building of the glorious testimony of the Lord in our lives. After all, he has suffered for our sakes. If the Christ of God had taken the position of only thinking of himself, then he would have only given life unto himself and no one else. This would have been an exclusive work. We must view The Alternative Menu in the same way, as an inclusive work of the Lord, good for both the head and the body. He gave the menu so it would give life to his sons without complications and health challenges because he knew what could possibly lie ahead down the road. Whatever the head eats, we should eat, and whatever we eat, the head should eat. Don't offer your Lord something you would not eat. And be mindful not to eat things that we know he would not want for us. To eat as the head eats, is to commune with The Lord.

Sent with Love,

Christ